Toei town, Aichi Prefecture Approach to prevent "shopping refugee" and mental illness by refraining from going out

Subject of the activity

Older persons who live in Toei town

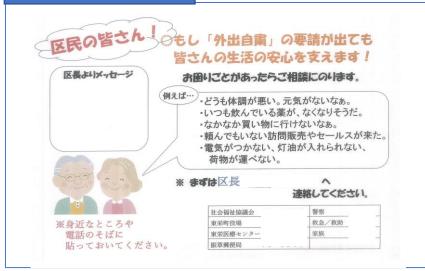
Keyword

- Shopping refugeeMental illness
- Consultation on concerns
- Clarification of place for consultation

What was done

- The leaders of the communities discussed responses to the government's request to refrain from going out, especially for older persons, before the declaration of the request.
- They found the possibility of the occurrence of shopping refugee and mental illness by the reduction of opportunities to go out and interact with others.
- They negotiated with the post office where older persons often go to receive their pensions and sell preserved food.
- They reserved preserved food to distribute to community members in case of an emergency.
- Flyers were sent to inform all older persons who live alone of the place of consultation and their contact number.

Flyer distribution



Devised point

- Utilized the post office because many older persons go there to receive pension.
- Negotiated with the post office to ensure the sale of preserved foods with appropriate nutrition, such as instant noodles, rice, etc.
- Assumed the situation of emergency in the state of emergency and discussed the response.
- This discussion can be utilized for future emergency cases as well.