

Toei town, Aichi Prefecture

Approach to prevent “shopping refugee” and mental illness by refraining from going out

Subject of the activity

Older persons who live in Toei town

Keyword

- Shopping refugee
- Mental illness
- Consultation on concerns
- Clarification of place for consultation

What was done

- The leaders of the communities discussed responses to the government’s request to refrain from going out, especially for older persons, before the declaration of the request.
- They found the possibility of the occurrence of shopping refugee and mental illness by the reduction of opportunities to go out and interact with others.
- They negotiated with the post office where older persons often go to receive their pensions and sell preserved food.
- They reserved preserved food to distribute to community members in case of an emergency.
- Flyers were sent to inform all older persons who live alone of the place of consultation and their contact number.

Flyer distribution

区民の皆さん! もし「外出自粛」の要請が出ても皆さんの生活の安心を支えます!

区長よりメッセージ

お困りごとがあったらご相談にのります。

例えば...

- ・どうも体調が悪い。元気がないなあ。
- ・いつも飲んでいる薬が、なくなりそう。
- ・なかなか買いたい物に行けないなあ。
- ・頼んでもいない訪問販売やセールスが来た。
- ・電気がつかない、灯油が入れられない、荷物が運べない。

※ まずは区長

連絡してください。

社会福祉協議会	警察
東栄町役場	救急/救助
東栄医療センター	家族
振草郵便局	

※身近なところや電話のそばに貼っておいてください。

Devised point

- Utilized the post office because many older persons go there to receive pension.
- Negotiated with the post office to ensure the sale of preserved foods with appropriate nutrition, such as instant noodles, rice, etc.
- Assumed the situation of emergency in the state of emergency and discussed the response.
- This discussion can be utilized for future emergency cases as well.